

World Hand Hygiene Day – 5 May 2026

Clean Hands. Healthy Skin. *Safer Workplaces.*

Hand hygiene protects patients, products and colleagues.
Repeated exposure to soaps, sanitisers and gloves can damage the skin.



Damaged skin creates risk:

- Increased susceptibility to infection
- Reduced compliance with hygiene protocols
- Potential contamination risk in controlled environments

Clean AND Healthy Hands

Effective hand hygiene means:



Protect your skin while protecting others:

- Use approved, skin-compatible products
- Follow correct hygiene techniques (avoid overuse)
- Moisturise regularly with compatible emollients
- Check your skin and act early



Noticing early signs of irritation or dermatitis?
Occupational Health can provide guidance and support.

Hand hygiene protects your environment.
Skin care protects your workforce.

Both are essential to a safe workplace.